

**Department of Gender Studies
Faculty of Behavioral & Social Sciences
University of the Punjab, Lahore
Course Outline**



Program	BS Gender Studies	Course Code	GS-117	Credit Hours	3
Course Title	Gender and Psychology				
Course Introduction					
<p>This course will explore the biological, sociological, and cultural influences on women and gender identity. It will also examine gender differences, similarities in cognitive abilities, self-concept, and sexual orientation, and gendered psychological disorders. Further, the course will assess the role of myths and stereotypes about men and women in creating gender differences.</p>					
Learning Outcomes					
<p>On the completion of the course, the students will:</p> <ul style="list-style-type: none"> • Have an understanding how biological as well as social factors play a role in developing gender differences during personality development of a young individual. • Understand the mother –child relationship before birth and after birth contribute in the personality development of female and male individuals. • Know the process of developing the self-concept is gendered through socialization. 					
Course Content			Assignments/Readings		
Week 1	Unit-I Introduction		<p>Bring examples from your daily life, how you experience different situations? Then in class compare the experiences of both genders(students)</p>		
	<p>1.1 Psychology as a Science of behavior 1.2 Recent Trends in Psychology/Branches of Psychology 1.3 Psychology and Gender</p>				

		experiences(in the form of class discussion)
Week 2	Unit-II Parental and Early childhood development 2.1 Physical, Psychological, and Social Aspects of Growth 2.2 Gender differences	
Week 3	Unit-III Adolescence 3.1 Role of biological, cognitive, social and cultural factors in the development of gender identity 3.2 Physical development and psychological and social reactions	Show a relevant documentary
Week 4	Unit- IV Motherhood and Psychosocial Reaction 4.1 Mother-Child relationship 4.2 The Impact of the mother on the fetus; 4.2.1 Postnatal Reactions 4.2.2 Postnatal Adjustment	Invite a gynecologist to deliver a special lecture on the biological aspect and then the course instructor will relate it to the sociological aspect.
Week 5	4.3 Planned mother hood 4.4 Infertility 4.5 Role of men in reproductive process	
Week 6	Unit-V Cognitive Sex Differences 1.2 Verbal ability 1.3 Memory 1.4 Numerical ability 5.4 Creativity problem solving	
Week 8	Unit-VI Gender Differences in Personality and Social behavior 6.1 Personality Traits	

	6.2 Communication style 6.3 Leadership 6.4 Power related traits 6.5 Helping and caring qualities/traits	
Week 9	Mid-Term Exam	
Week 10	Unit- VII Gender Difference in Perception of Self 7.1 The Development of self-concept 7.2 Factors leading to positive and negative self-concept	
Week 11	7.3 Self-esteem and its practical implication 7.4 Decision-making and conflict resolution	
Week 12	Unit- VIII Gender Differences in Later Adulthood and Old Age 8.1 Physical and Psychological Changes 8.2 Emotional reactions	
Week 13	8.3 Stress and adaptive techniques 8.4 Problems specific to older women and men 8.5 Aging	
Week 14	Revision and quizzes	
Week 15	Revision	
Week 16	Final Exam	
Textbooks and Reading Material		

Textbook.

Department of Gender & Women Studies. Allama Iqbal Open University. Islamabad.
Study Guide, Psychology of Gender (2021).

Suggested Readings

1. Matlin, W. Margaret. (2008). *The Psychology of Women* (4th ed.). Singapore: Thomson Learning.
2. Allama Iqbal Open University Islamabad. *Psychology of Women*. (1996).
3. Shahid, S.M. (2006). *Basic Concepts in Psychology*. Lahore: Majeed Book Dept.
4. Unger, Rhodak. (2001). *Handbook of Psychology of Women and Gender*. New Jersey: John Willy & sons.
5. Eagly, A.H., Beall, A.E., Sternberg, R.J. (2004). *The Psychology of Gender*. (2nd ed.). The Guilford Press. New York.
6. Chrisler, J. C., Caria Golden, and Patricia D. Rozee. (2004). *Lectures on the Psychology of Women*. Boston: McGraw-Hill.
7. Crawford, M. (2006). *Transformations: Women, Gender, and Psychology*. NY: McGraw-Hill.
8. Eagly, A.H., Beall, A.E., & Sternberg, R.J (2004). *The Psychology of Gender*. (2nded.). New York: Guilford Press.
9. Rudman, L. A., & Glick, P. (2008). *The Social Psychology of gender: How Power and Intimacy Shape Gender Relations*. New York: Guilford Press.

Teaching Learning Strategies

- Class lectures.
- Class discussions.
- Student Group Presentations.
- Quizzes.
- Case Studies.

Assessment

Sr. No.	Elements	Weightage	Details
1.	Midterm Assessment	35%	Written Assessment at the mid-point of the semester.

2.	Formative Assessment	25%	Continuous assessment includes: Classroom participation, assignments, presentations, viva voce, attitude and behavior, hands-on-activities, short tests, projects, practical, reflections, readings, quizzes etc.
3.	Final Assessment	40%	Written Examination at the end of the semester. It is mostly in the form of a test, but owing to the nature of the course the teacher may assess their students based on term paper, research proposal development, field work and report writing etc.